

ON TAP

Carlton Draught
Coopers Pale Ale
V.B.
Pure Blonde
XXXX Gold
Cascade Light
Bulmers Cider

BOTTLED BEER

Carlton Draught
Toohey's Extra Dry
Coopers Pale Ale
Coopers Sparkling Ale
Coopers Dark Ale
Coopers Stout
V.B.
Toohey's Old
Carlton Cold
Boags Premium
Bondi Blonde
Crown Lager
Melbourne Bitter
XXXX Gold

LIGHT BEERS

Hahn Premium Light
Fosters Light Ice
Cascade Premium Light
Carlton Light

IMPORTED BEERS

Corona
Miller Chill
Miller Draft
Heineken
Becks

TOP SHELF SPIRITS

Wild Turkey American Honey Liquor
Tullamore Dew
Dimple
Johnnie Walker Black
Bundaberg 101
Maker's Mark

A great range of basic spirits
and RTD's are available

Wine List available

Grinders Coffee available

Lunch served 12 - 3 pm

Dinner served 5.30 pm - 8.30 pm



MENU



THESANDBAR.COM.AU

SANDBAR MENU
LUNCH & DINNER

45 Langtree Avenue - Phone: (03) 5021 2181

STARTERS

Garlic Bread \$6.00
Toasted Turkish Bread - Serves 4

Herb Bread \$6.00
Toasted Turkish Bread - Serves 4

Optional cheese topping extra \$1.00

WRAPS/FOCCACIAS

Chilli Chicken \$11.00
Chicken with lettuce, tomato, cheese, onion, capsicum & a sweet chilli sauce

Sensation \$11.00
Chicken with avocado, sun dried tomatoes, cheese & mayonnaise

Design your own \$11.00
Make your own Foccacia or Wrap with your own choice of fillings

Max 5 fillings. Additional fillings \$0.50c
Chicken or salami, olives, lettuce, anchovies, cheese, avocado, tomato
(fresh or sun dried) onion, capsicum, grated carrot, pineapple, beetroot

SALADS

Salt & Pepper Squid \$14.50
Fresh garden salad with lightly dusted squid with a tangy dipping sauce

Chicken Caesar Salad \$11.50
Sliced chicken breast served on lettuce with bacon, egg, parmesan cheese,
crispy croutons & caesar dressing (anchovies optional)

Seasoned Chicken Salad \$11.50
Succulent seasoned chicken breast served on a bed of fresh salad

Garden Salad \$11.00
A selection of salad mixes atop a bed of gourmet lettuce with an Italian dressing

BURGERS

Steak Stack \$13.00
Tender Scotch Fillet with tomato, cheese, egg, bacon, beetroot, pineapple, lettuce & onion

Chunky Chicken \$13.00
Crumbed breast fillet with tomato, cheese, beetroot, lettuce & a tangy sauce

Huge Hammy \$13.00
A succulent beef patty served with tomato, egg, bacon, onion, pineapple, cheese,
beetroot & lettuce

MAIN MENU

Scotch Fillet \$23.50
Tender Scotch Fillet cooked to your liking, served with fresh garden salad & fries

Chicken Schnitzel \$16.00
Tender crumbed chicken breast served with fresh garden salad & fries

Chicken Parmagiana \$18.00
Tender crumbed chicken breast with a tangy tomato sauce served with
a fresh garden salad & fries

Chicken Parmagiana Supreme \$20.00
The Managers own style of parma with sundried tomatoes, hot salami,
olives & anchovies. Just like a pizza!

Bolognese Parmagiana \$19.00
Tender crumbed chicken breast with the Sandbars own homemade
Bolognese sauce

Hawaiian Parmagiana \$19.00
Tender crumbed chicken breast topped with fresh ham and succulent pineapple

Seafood Platter \$18.00
Delicious selection of seafood crumbed and battered to perfection
served on a bed of fries with lemon wedges & Tartare Sauce

Fish & Chips \$17.00
Whiting filets served with fresh garden salad, lemon wedges & Tartare Sauce

Pepper, Mushroom, Diane or Plain Gravy \$1.00 extra

SIDES

Bowl of Wedges \$9.00
Seasoned wedges served with sour cream & sweet chilli dipping sauces

Bowl of Chips \$7.00
Served with tomato sauce & mayonnaise

KIDS MEALS

Good Old Chicken Nuggets and Fries \$7.00

Mini Dim Sims & Chips \$7.00

Shark Bites & Chips \$7.00
Served with tomato sauce

Please place your order at the Bar. See Blackboard for Daily Specials